

DETAILED GUIDELINES FOR NOMINATION AS AN ASSOCIATE OF THE COLLEGE OF SPORT AND EXERCISE MEDICINE OF SOUTH AFRICA (CSEM OF SA)

ASSOCIATE BY PEER REVIEW

- The nominee should be a registered medical practitioner (with the HPCSA) and have completed a postgraduate degree (MPhil/MSc/PhD/ *) in Sport and Exercise Medicine (SEM).
- The nominee should be able to demonstrate a minimum of the equivalent of 5 years' experience (2500 hours) in Sport and Exercise Medicine (SEM) prior to March 2020 (based on current regulations).
- The nominee should be able to demonstrate ongoing regular attendance at SEM-related CPD activities and membership of the South African Sports Medicine Association (SASMA), unless the applicant resides outside of South Africa, in which case an equivalent organisation would be acceptable.
- The nominee should be able to demonstrate that they have had access to mentorship or the support of colleagues in SEM and related specialties.
- The nominee should be able to demonstrate that during the 5-year clinical experience period they have made a significant contribution to service delivery, or education, or development of infrastructure within SEM.
- In the case of service delivery this would involve spending a minimum of 50% on sport and exercise medicine related clinical work within their typical working week. The remainder of work may have been in a related field. In the case of education this would involve a regular commitment to teaching rather than sessional or occasional work and teaching should be to those training in the field of SEM rather than to doctors whose main area of interest is outside the specialty. In the case of development of infrastructure, the applicant should be fundamentally involved in the workings of a major SEM body such as a Faculty, the SASCOC, SA Rugby, SAFA etc.

*Also includes BSc Hons in Sports Medicine or BSc Hons in Sports & Exercise Medicine

Documents to be submitted:

Applicants are required to submit the following documents:

1. Completed nomination form ensuring that it is signed, dated and supported by 3 upstanding Associates of the CSEM (SA) who are nominating the applicant.
2. Up-to-date extended CV, completed according to provided template of the CSEM (only this format will be evaluated by the committee. Incomplete submissions will be returned).
3. Completed Portfolio of Experience as per template document (up to March 2020). This includes providing supporting documentary evidence of the place/s where clinical experience in SEM was obtained.
4. Cover letter from applicant with full description of verifiable activities (according to template). Motivation should be included with specific reference to items described in the CV, including their involvement in Sport and Exercise Medicine (SEM) to date.
5. Current documented (certified) proof of registration with the HPCSA
6. Certified copies of appropriate degrees, certificates and diplomas to support the application.
7. Completed and signed checklist ensuring completion of submission

Once received, the above documents will be sent to the Nominations Committee of the CSEM (SA) for their consideration. The nominee will be advised of the outcome in due course. The CSEM (SA) reserves the right not to assess incomplete submissions or submissions without verification of professional services/ activities related to SEM