

CMSA 2026 CONTINUOUS PROFESSIONAL DEVELOPMENT PROGRAMME



THE EDUCATION COMMITTEE

Invites you to a Webinar on:

Obesity Management in 2026

on

30 April 2026

DATE & TIME:	30 April 2026	18:00 – 20:00	
PROGRAMME:	18:00 – 18:05	Welcome & Introduction	Prof B Cassim
	18:05 – 18:50	Obesity Management in 2026 Incretin Based Therapies	Prof Z Bayat
	18:50 – 19:35	Metabolic and Bariatric Surgery	Prof J Lubbe
	19:35 – 20:00	Question & Answer	

REGISTRATION LINK:

<https://us02web.zoom.us/meeting/register/BSZaULsjTTql2aMDBwvTNq>

PRESENTER'S BIO:



PROFESSOR ZAHEER BAYAT

**Head of Department Internal
Medicine, Helen Joseph Tertiary
Hospital**

Professor Zaheer Bayat is a specialist physician and endocrinologist based in Gauteng, South Africa. He serves as Head of Internal Medicine at Helen Joseph Tertiary Hospital; an academic teaching hospital affiliated with the University of the Witwatersrand. In addition to his public-sector leadership role, he is also a director at the Lenasia Clinical Trial and Research Unit (LCTC).

He has made sustained contributions to academic medicine through clinical teaching, research supervision, and health service leadership. His scholarly output includes a number of publications, strengthening evidence-based practice, training quality, and service delivery.

Professor Bayat is the immediate past Chairperson of the Society for Endocrinology, Metabolism and Diabetes of South Africa (SEMDSA) and has served on the organising committees of major national and international scientific meetings. He has contributed to key national and international guidelines in diabetes, thyroid disease, obesity, and Ramadan-focused diabetes care. Internationally, recognised as an invited speaker and educator, he continues to influence endocrinology practice and training nationally and across Sub-Saharan Africa.



ASSOCIATE PROFESSOR JEANNE LUBBE

**Division of Surgery at Tygerberg Hospital
and the University of Stellenbosch**

Jeanne Lubbe is an associate professor in the Division of Surgery at Tygerberg Hospital and the University of Stellenbosch (US). She has a special interest in minimally invasive endoscopic and laparoscopic surgery and runs the Upper Gastrointestinal and Metabolic Surgery firms.

She completed an endoscopic fellowship at Huddinge University Hospital, Stockholm and a combined PhD degree at the US and Karolinska Institutet (KI), Sweden. She is actively involved with both pre- and postgraduate teaching in the current and renewed curriculum at US and the Colleges of Surgeons of South Africa (CMSA) Examinations. She is a member of the Board and Senate of the (CMSA), an EXCO member of SASES (South African Society for Endoscopic Surgeons), and the founding president of SAMMSS (South African Metabolic Medicine and Surgery Society). She was one of a six member team responsible for review of the South African National Department of Health Obesity Strategy.